



BJM
4/4/21

Cartography of the Heart: Reclaiming Our Sacred Interconnection
Cross Pollination + Links for Compass Roses, Albuquerque, NM April, 2021
Bobbie Middendorf, MA -- Artist, Poet, & Spoken Word Alchemist

- Spoken Word Alchemy, poetry and centering/grounding meditations for sacred re- & interconnections: <https://soundcloud.com/bobbyemid/>
- Main site: <http://www.writesynergiescopywriting.com>
- <https://writesynergiescopywriting.com/compass-rose-map-for-abq/>
- New site (in process): <http://www.yinarising.com>
- Facebook: <https://www.facebook.com/WriteSynergiesCircle>

Key for locations in **Cartography of the Heart: Reclaiming Our Sacred Interconnection (Map)**

Light Green Circle: 1, 4, 7 — Mid-level interaction with nature, with some curation
Dark blue Circle: 2, 3 — Greatest wild nature connection & least human intervention
Lavender Circle: 5, 6 A-B — Highly curated cultural institutions, least nature interaction

1 Alameda Open Space and Northern riverfront trail access (1-A)

1-A) Paseo del Bosque Trail—Map and access points

<https://www.cabq.gov/parksandrecreation/open-space/lands/paseo-del-bosque-trail>

2 Sandia Crest

<https://www.fs.fed.us/wildflowers/regions/southwestern/SandiaCrest/index.shtml>

3 Volcanoes (sacred land of these “three sisters”) within Petroglyph National Monument

National: <https://www.nps.gov/petr/planyourvisit/volcanoes.htm>

4 Rio Grande Nature Center State Park

2901 Candelaria NW <http://www.emnrd.state.nm.us/SPD/riograndenaturecenterstatepark.html>

5 NM Museum of Natural History and Science

1801 Mountain Rd NW

<https://www.newmexicoculture.org/museums/museum-of-natural-history-science>

<http://www.nmnaturalhistory.org/>

“The land once covered by warm shallow seas ... “ “and dinosaurs ...”

6 Albuquerque BioPark --- Both the Aquarium and Botanic Garden at 2601 Central NW

6A- Aquarium

<https://www.cabq.gov/artsculture/biopark/aquarium>

“Water is life,” and a history of natural features along the Rio Grande

6B- Botanic Garden <https://www.cabq.gov/artsculture/biopark/garden/botanic-garden>

Here be dragons ... or at least one.

7 Valle D’Oro National Wildlife Refuge (urban; in process)

7851 Second St SW https://www.fws.gov/refuge/valle_de_oro/

Other Resources -- (More cross-pollination + grounding meditations & resources at my sites above.)

Nature Conservancy Activities in Albuquerque

<https://www.nature.org/en-us/about-us/where-we-work/united-states/new-mexico/stories-in-new-mexico/new-mexico-nature-in-the-city/>

The Grandmothers Net of Light: <https://www.netoflight.org/>